

Report of Health Care Committee

Chairperson : Prof. Chhaya U. Naik
Vice-Chairperson : Prof. N. H. Joshi
: Dr. P. B. Patel
: Prof. K. N. Savaliya
: Prof. Shweta P. Patel

Nature of Works:

1. To organize medical check up for all the students and staff.
2. To organize First-aid basic training.
3. To organize Medical Camp periodically.
4. To organize HIV/AIDS Awareness campaign with relevant NGO periodically.
5. To keep medical record of all the students and staff.

The Health Care Committee of the college works towards spreading awareness regarding the health and well being of all and focuses especially on the orientation of female students regarding the importance of cleanliness, medical requirements, first aid services and also informs the students about the importance of proper diet and nutritious food and highlights the demerits of fast and junk food. It also helps the students understand the importance of fitness & exercise to help curb diseases like blood pressure, diabetes and obesity. For girl students sanitary pad vending machine is installed in the girls common room & disposer machine in common wash room for girls.

The committee was set up with a view in mind that nation's progress lies in its healthy youths and it is moral duty of the institute to promote physical health too.

Following programmes & activities have been undertaken by health care committee during the year 2018-19.

No.	Date	Activities
1	21st June, 2018	Celebrated International Yoga Day.
2	15th August, 2018	Health checking camp for the staff to check and get report about Routine Hematology and urine culture with the help and co-operation of Doctors of L. M. Desai General Hospital and P. M. Shah Maternity Home, Amroli.
3	5th, 8th, 10th & 20th October, 2018	Thalassemia Detection Test organized by college.
4	7th, 8th & 9th January, 2019	Environment awareness programme by swasthan paryavaran vikas Trust. A Discussion about "How to improve health with the help of Home Kitchen remedies of Ayurveda."
5	11th January, 2019	Organ Donation awareness programme was organized with the help of Dr. Dinesh Vaidya of Narmada Kidney foundation.
6	18th January, 2019	HIV-AIDS awareness programme.
7	29th January, 2019	A meditation programme VIPASANA.
8	28th February, 2019	Health related poster making Inter-class competition.