



Managed by Jivan Jyot Trust, Amroli-Surat
J.Z.SHAH ARTS & H.P.DESAI COMMERCE COLLEGE, AMROLI-SURAT
Grant in Aid College affiliated to Veer Narmad South Gujarat University, Surat
Re-accredited 'B' (CGPA 2.74) By NAAC
An ISO-9001:2015, ISO-14001:2015, OHSAS-18001:2007 Certified Institute
B.A. [Principal- Gujarati & Economics], B.Com [Eng. & Guj. Medium]
M.A. [Gujarati, Economics, English], M.Com. [Accountancy - Eng & Guj. Medium]

Report of Health Care Committee (2017-18)

Chair person. : Prof. Neha V. Upadhyay

The Health Care Committee of the college works towards spreading awareness regarding the health and well being of all and focuses especially on the orientation of female students regarding the importance of cleanliness, medical requirements, first aid services and also informs the students about the importance of proper diet and nutritious food and highlights the demerits of fast and junk food. It also helps the students understand the importance of fitness & exercise to help curb diseases like blood pressure, diabetes and obesity.

The committee was set up with a view in mind that nation's progress lies in its healthy youths and it is moral duty of the institute to promote physical health too.

A guest lecture was organized by our college on 4th September 2017. The key note speaker was Sr. Manisha Jhavar. The Lecture was categorized in topics of health like hygiene and nutrition of women, Health issue of working women, women's safety, obesity and its solutions etc.

In future the committee has been working towards:

1. The session on "Health Related subject and yoga" by eminent personalities.
2. Competitions related to health like – essay, poster making, and drawing.